

GRAMMAR

1 Complete the sentences with one word.

Example: This milk smells awful! I think the bottle has already been opened.

- 1 We loved the concert, even _____ the music was much too loud.
- 2 Is Lina OK? She looks _____ if she's had some bad news.
- 3 _____ of my sisters are older than me – I'm 16 and they're 18 and 22.
- 4 I lived in Australia before I moved here so I'm _____ to working in this kind of heat.
- 5 Helen _____ have spoken to the manager like that – it was very rude!
- 6 Alan's here too – he insisted _____ coming.
- 7 Please close doors quietly so _____ not to disturb other residents.
- 8 There's _____ more room in the suitcase. I'll have to leave this jumper.
- 9 I have some great chats with my hairdresser while I'm _____ my hair cut.
- 10 I don't want coffee, thanks. I'd _____ have a cup herbal tea if you have any.
- 11 That sounds _____ an excellent idea!
- 12 We had a fantastic time exploring Greenland _____ the cold.
- 13 Marcus _____ have gone home – his coat is still on his chair.
- 14 I love Japan, but I can't _____ used to having soup for breakfast!
- 15 Can I have a _____ of scissors, please? I need to cut this wrapping paper.

15

2 Choose the correct form. Tick (✓) A or B.

Example: It took me a long time to get _____ to being vegan, but it was worth it.

A use ☐ B used ☒

- 1 Do you feel _____ going to see a film on Friday night?
A like ☐ B as if ☐
- 2 I recommend _____ the National Gallery in Edinburgh.
A visiting ☐ B to visit ☐
- 3 We built a fire _____ help the rescuers locate us.
A so that ☐ B so as to ☐
- 4 If you leave before 9.30, there'll be _____ terrible traffic.
A a ☐ B (–) ☐
- 5 You _____ have seen Agnieszka at work yesterday. She was off sick.
A may ☐ B can't ☐
- 6 There are spectacular views from _____ room in the hotel.
A every ☐ B all ☐
- 7 _____ of the terrible weather, we all arrived safely.
A Despite ☐ B In spite ☐
- 8 I bought a magazine and a chocolate bar in the shop. _____ chocolate bar is for us to share.
A The ☐ B A ☐
- 9 I know it's difficult with the jet lag, but please try _____ to sleep.
A to go ☐ B going ☐
- 10 _____ of my friends wanted to go bowling so we went ice-skating instead.
A None ☐ B Any ☐

- 11 I used to _____ in New Zealand. It was lovely, but the weather was often very changeable.
A living ☐ B live ☐
- 12 All the staff in this restaurant _____ really friendly.
A is ☐ B are ☐
- 13 I'm going to _____ hospital tomorrow to visit a friend who has broken his leg.
A (–) ☐ B the ☐
- 14 We're going to _____ next week.
A get serviced our car ☐ B get our car serviced ☐
- 15 If you want to escape the cold winter, I suggest you go to _____ Canary Islands.
A the ☐ B (–) ☐

	15
--	----

3 Complete the sentences. Use the correct form of the verb in brackets.

Example: Sorry, but I don't fancy watching (watch) that film.

- 1 Hot drinks must not _____ (bring) into the cinema.
- 2 Do you remember _____ (play) football in the park when we were young?
- 3 Oh no! I've just been to the shop and I completely forgot _____ (buy) any milk!
- 4 It _____ (think) that the gang escaped from the building through the side exit.
- 5 My father convinced me _____ (not go) straight to university after finishing school.
- 6 Apparently, criminals used _____ (give) longer prison sentences than they get these days.
- 7 I heard the Khans' family business is going to _____ (sell) next week.
- 8 Tobias denied _____ (leave) the car door unlocked.
- 9 The thieves are believed _____ (steal) a priceless necklace.
- 10 I really enjoyed the film, despite _____ (see) it before.

	10
--	----

Grammar total		40
---------------	--	----

VOCABULARY

4 Complete the sentences with the correct word(s).

Example: The company is going to launch its latest model of electric car on 1st May.
manufacture produce launch

- 1 The police couldn't find any _____ that the two men were involved in the burglary.
fingerprints proof verdict
- 2 My flatmate won't _____ if you stay in her room while she's away.
matter mind notice
- 3 My husband sometimes _____ so loudly that I have to wake him up!
sleepwalks snores yawns
- 4 Two women have been _____ with bribery and blackmail.
arrested questioned charged
- 5 The conferences are _____, in May and November.
post annual biannual multiannual

Progress Test Files 6–10

Grammar, Vocabulary, and Pronunciation B

- 6 This _____ writes really interesting reviews. Have you ever read any?
paparazzi agony aunt critic
- 7 The UK _____ most of its manufactured goods from Asia.
expands exports imports
- 8 Government plans to _____ climate change plans.
clash axe vow
- 9 I need my sunglasses! The sun's so bright when it _____ off the snow like that.
scatters reflects dissolves
- 10 That's an interesting proposal but we should consider the _____ before making a decision.
forwards and backwards cause and effect pros and cons

10

5 Choose the odd word out. Tick (✓) A, B, C, or D.

Example: A blanket ☐ B sheets ☐ C yawn ☒ D pillow ☐

- 1 A wave ☐ B point ☐ C scratch ☐ D wink ☐
- 2 A nap ☐ B insomnia ☐ C snore ☐ D yawn ☐
- 3 A sensational ☐ B censored ☐ C biased ☐ D accurate ☐
- 4 A calf ☐ B wrist ☐ C ankle ☐ D heel ☐
- 5 A merge ☐ B launch ☐ C manufacture ☐ D take over ☐
- 6 A newsreader ☐ B advert ☐ C presenter ☐ D commentator ☐
- 7 A evidence ☐ B blackmail ☐ C fraud ☐ D robbery ☐
- 8 A jury ☐ B judge ☐ C witness ☐ D verdict ☐

8

6 Complete the words in the sentences.

Example: I think I'll brush my teeth after eating that cake – it was so sweet!

- 1 We've sent Natalya a beautiful **b** _____ of flowers to say thank you.
- 2 I **e** _____ Cara will be late for the meeting. She never arrives on time.
- 3 Did any of your siblings **s** _____ their thumb when they were younger?
- 4 I absolutely love sleeping so I'd hate to suffer from **i** _____.
- 5 Jay's new smartphone is so small you can hold it in the **p** _____ of your hand.
- 6 The bright light coming through the thin curtains kept me **a** _____ all night!
- 7 The wind turbines produce energy as they **r** _____.
- 8 The finance director of that company was found **g** _____ of fraud.
- 9 The two women were tried, but because of a lack of evidence, they were **a** _____.
- 10 At the end, the audience clapped so long that the band gave another **e** _____.

10

7 Choose the correct word in brackets to complete the sentences.

Example: Chiara's phone was stolen from her backpack in a café yesterday.
(stolen / robbed)

- 1 Which of the restaurants in the chain _____ the biggest profit this year?
(made / did)
- 2 Patrick really does have the _____ – he's a brilliant public speaker!
(wit / gift of the gab)

Progress Test Files 6–10 Grammar, Vocabulary, and Pronunciation B

- 3 It can be difficult to find _____ journalism that isn't obviously left-wing or right-wing. (biased / objective)
- 4 Could you _____ me to buy some butter when we're at the supermarket? (remember / remind)
- 5 Apparently, the owner of our favourite restaurant had financial problems, so he has _____ business. (unfinished / gone out of)
- 6 In my career, I've had plenty of _____ but I've loved it anyway. (downs and outs / ups and downs)
- 7 During the last year, prices have _____ by over 10%. (risen / raised)
- 8 The company no longer produces the drug because of its harmful side _____. (effects / results)
- 9 Recently, scientists _____ an experiment to see if they could use the plant to develop a new medicine. (made / carried out)
- 10 Industries worldwide must cut carbon emissions to avoid environmental disaster. It's _____! (now or never / sooner or later)
- 11 Did you _____ whether the library was open when you drove past? (realize / notice)
- 12 The explorers arrived home _____ even though it had been a challenging expedition. (safe and sound / sound and safe)

	12
--	----

Vocabulary total	40
------------------	----

PRONUNCIATION

8 Match the words with the same sound.

guilty	verdict	peace	deny	review	~~advise~~
judge	theory	law	raise	grow	

Example: clash advise

- 1 sleep _____
- 2 journalist _____
- 3 lose _____
- 4 violin _____
- 5 antisocial _____
- 6 volunteer _____
- 7 refuse _____
- 8 court _____
- 9 jury _____
- 10 comb _____

	10
--	----

9 Which is the stressed syllable? Tick (✓) 1, 2, 3, 4, or 5.

Example: gra|vi|ty 1 ☒ 2 ☐ 3 ☐

- | | |
|--------------------|--|
| 1 con vince | 1 ☐ 2 ☐ |
| 2 per mit (verb) | 1 ☐ 2 ☐ |
| 3 or che stra | 1 ☐ 2 ☐ 3 ☐ |
| 4 sci en tif ic | 1 ☐ 2 ☐ 3 ☐ 4 ☐ |
| 5 in ves ti ga ted | 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ |
| 6 meg a ci ty | 1 ☐ 2 ☐ 3 ☐ 4 ☐ |
| 7 em barr assed | 1 ☐ 2 ☐ 3 ☐ |
| 8 lone i ness | 1 ☐ 2 ☐ 3 ☐ |
| 9 ad ver ti sing | 1 ☐ 2 ☐ 3 ☐ 4 ☐ |
| 10 black mail | 1 ☐ 2 ☐ |

	10
--	----

Pronunciation total	20
---------------------	----

Grammar, Vocabulary, and Pronunciation total	100
--	-----

READING

- 1 Read the article. For questions 1–5, choose the correct answer. Tick (✓) A, B, C, or D.

Pet sounds

There have been many scientific studies related to how the human brain responds to music. But what about animals? Do they respond, and if so, are there any **similarities** between animals and humans? Studies have come up with a few interesting results.

In one study in the US, researchers **monitored** the effect of music on the behaviour of dogs. They played different types of music to the dogs, including classical and heavy metal. They also observed their behaviour when no music was playing. The study found several similarities between dogs and humans when they heard music. For example, classical music seemed to reduce stress and promote sleep, and heavy metal music increased anxiety and caused **restlessness**. Interestingly, a similar study in Scotland concluded that dogs prefer soft rock and reggae music. Perhaps it's just a matter of taste!

Cats, on the other hand, are fairly indifferent to human music of all types. In a study, a team of psychologists and musicians in the USA developed a specific type of music which contained frequencies and rhythms similar to the ones that cats use for communication. When the team played examples of both classical music and 'cat' music, the cats ignored the 'human' music. However, they responded physically to the specially developed cat music by going close to the speakers and rubbing themselves against them.

In terms of physical reactions to music, humans might tap a beat, nod their head, or dance, but so do birds. To explore this, researchers at Harvard University in the US used an **unconventional** source for their studies – YouTube videos. They analyzed videos of Snowball, a type of parrot, moving to music, and found that he could follow the beat of a song even when it was slowed down or sped up. The common factor between parrots and humans is that they can imitate sound and move in time to a beat. This suggested that there is a connection between the brain mechanisms required for dance and sound imitation.

But parrots aren't the only birds that respond to music. The UK's traditional Christmas dinner bird – the turkey – doesn't move to a beat but it does enjoy music. Organic farm worker Elin Williams plays her guitar to the turkeys on the organic farm where she works. The main aim on the farm is to create an environment which is as stress-free as possible, but unfortunately as it is located beside a main road, the birds are often disturbed by loud traffic. To combat this, the staff started playing classical music on the radio to the turkeys overnight. The birds responded well to it so the staff put the radio on during the day too. Then Elin's boss suggested she play her guitar to them. She thought he was joking, but as soon as she started playing, the turkeys **crowded around** to listen and started pecking on the guitar strings with their beaks. Now she regularly plays pop and Welsh folk songs, and her boss thinks the turkeys are happier and more relaxed as a result.

The benefits of playing music to farm animals isn't limited to de-stressing turkeys either. The dairy industry is starting to take notice of some interesting results from **trials** which involve playing music to cows. In a recent study, different genres of music were played to a herd of around a thousand cows. The music was organized by speed: slow (under 100 beats per minute), including pop and classical music such as Beethoven, and fast (over 120 beats per minute), including soft rock and faster pop tunes. The cows seemed to prefer the slower, more

Progress Test Files 6–10 Reading and Writing B

relaxing music as it resulted in an increase of over 3% in their milk production. That translates to approximately 0.73 litres more milk per cow a day – a significant increase in profit for the farmers, and happier cows too!

- 1 The results of a Scottish study showed that dogs feel more relaxed while listening to
 - A pop. ☐
 - B reggae. ☐
 - C heavy metal. ☐
 - D classical music. ☐
- 2 What reaction did the cats have when researchers played them different types of music?
 - A They appeared to enjoy the classical music. ☐
 - B They ignored music of all genres. ☐
 - C They only reacted to music that was based on cat communication. ☐
 - D Human music caused a strong physical response. ☐
- 3 What did the Harvard study conclude about parrots in relation to music?
 - A They can move accurately in time to a beat. ☐
 - B They can't mimic the sounds of music very well. ☐
 - C They don't respond to human music. ☐
 - D They have the ability to memorize sequences of music. ☐
- 4 Why did Elin first begin playing her guitar to the turkeys on the organic farm where she works?
 - A They didn't respond well when her boss played radio music. ☐
 - B Because she wanted to do extra folk guitar practice at work. ☐
 - C Because she thought they might enjoy it. ☐
 - D To reduce the impact of the stress caused by noisy traffic. ☐
- 5 When dairy cows are played slow music,
 - A they sleep more often during the day. ☐
 - B the amount of milk they produce increases. ☐
 - C they don't appear to notice. ☐
 - D they become irritated. ☐

	10
--	----

2 Match five of the **highlighted** words or phrases to the definitions.

Example: qualities that are the same similarities

- 1 the state of being unable to sit still _____
- 2 watched carefully over a period of time _____
- 3 came very near _____
- 4 tests _____
- 5 doing things in a different way from the majority of people _____

	5
--	---

Reading total		15
---------------	--	----

WRITING

Write an article for one of the following. Write 140–180 words.

- 1 Write a blog post about your favourite music, film, or TV show.
- 2 Describe an invention or piece of technology you think is clever and explain why.
- 3 What do you like and dislike about using social media?

Writing total		10
---------------	--	----

Reading and Writing total		25
---------------------------	--	----

Progress Test Files 6–10 Listening and Speaking B

LISTENING

- 1 Listen to five people talking about photographs. Choose from the list (A–H) what each person is describing. Use the letters only once. There are three extra letters you do not need to use.**

- A a place they once lived
- B a person they once knew
- C a childhood memory
- D a journey
- E a very old photograph
- F a fake news photograph
- G a school photograph
- H a wedding

Speaker 1: _____

Speaker 2: _____

Speaker 3: _____

Speaker 4: _____

Speaker 5: _____

	5
--	---

- 2 Listen to an interview with a professional speaker. Choose the correct answers. Tick (✓) A, B, or C.**

- 1 Kyle says that
 - A he had a phobia of public speaking until recently. ☐
 - B he still gets nervous before a speech. ☐
 - C excitement and anxiety have the same effect on the body. ☐
- 2 According to Kyle, most people make the mistake of
 - A speaking too quickly. ☐
 - B mentioning too many facts and statistics. ☐
 - C making their speech shorter than it should be. ☐
- 3 Before writing a speech, Kyle always
 - A does physical exercise. ☐
 - B considers who might want to listen to him. ☐
 - C interviews his audience. ☐
- 4 Kyle thinks that the most powerful part of communication is
 - A your body language. ☐
 - B the words you use. ☐
 - C your tone of voice. ☐
- 5 Kyle advises anyone who is preparing a speech to
 - A use the Internet as a learning resource. ☐
 - B record themselves giving it. ☐
 - C memorize it word for word. ☐

	5
--	---

Listening total		10
-----------------	--	----

Progress Test Files 6–10
Listening and Speaking B**SPEAKING****1 Answer your partner's questions.****Now make questions and ask your partner.**

- 1 What / last theatre performance or TV drama you saw?
- 2 you rather have a holiday in a luxury resort or go back packing? Why?
- 3 How / spot a liar?
- 4 What changes / make to your city? Why?
- 5 you ever had difficulties sleeping? What / you do?
- 6 How / predict science / make life easier in the next 20 years?
- 7 How / feel about public speaking?
- 8 If / could promote any environmentally friendly product, which product / be? Why?
- 9 What fake news / last hear about?
- 10 Which relative / your characteristics most similar to? Why?

2 Talk about one of the statements below, saying if you agree or disagree. Give reasons.

- 1 'Newspapers will soon only be published online.'
- 2 'The most important thing we need governments worldwide to do is support big business.'
- 3 'It's more important to be happy than it is to be wealthy.'

3 Listen to your partner. Do you agree?

Speaking total		15
----------------	--	----

Listening and Speaking total		25
------------------------------	--	----